

What if you could create your extraordinary life right here and now?  
Make choices to enjoy the journey!

# Experience of Self-Confidence



How important is self-confidence?  
What exactly is it?

We have been led to believe that self-confidence is essential if we want to enjoy a high quality of life. Surprisingly the reason is not necessarily because we need self-confidence to achieve a successful life, but because without it we will be plagued with doubt, anxiety, hesitation and resentment. We may still achieve what we desire, but what we put ourselves through to do so detracts greatly from the overall quality of our experience. If we can understand what exactly self-confidence is and how we can increase our own belief in ourselves, we stand a greater chance of improving the quality of our life.

You'll explore your . . .

- beliefs in your own abilities
- experiences of self-confidence
- feelings about assurance
- ideas about reliance on yourself vs. others
- need to ultimately believe and trust in yourself



In Productive Learning & Leisure's new course —

### *Experience of Self-Confidence*

we take time to understand and learn to develop self-confidence while enjoying an opportunity to SCUBA dive and snorkel in the crystal clear waters of the Caribbean. There will be a chance for both divers and snorkelers to swim the water with a variety of marine life including Bottle Nose Dolphins! While diving is not essential to the course content, there is a good chance your experience in the water will greatly enhance the benefits you receive from the course.



Tour Group Travel  
vs.  
PL&L Learning Vacations

"My traveling with PL&L has been such a different experience from my previous tour travel. I have found the PL&L vacations to be so much richer and valuable. The positive people who choose to learn and travel with PL&L have a like-minded purpose in mind. As the old saying goes—you definitely get what you pay for. What a difference!"

Chuck Tesar, MD

WON'T YOU JOIN US  
FOR AN ADVENTURE OF A LIFETIME . . .



LINDON  
CROW

### Why take a Learning Vacation?

Experience the excitement of learning new things in new environments. Your participation in learning vacation courses helps you see life differently than you did yesterday or the day before. When you leave the ordinary, everyday mundane routines of your life to step into new stimulating surroundings, your awareness of life's many opportunities heightens.



May 15 through 20, 2006  
(Mon. - Sat.)

**Roatan**  
**Honduras**

Space is limited.

Register today.



PRODUCTIVE LEARNING & LEISURE, LLC

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